

SMS Terms & Conditions

Northern Valley Allergy, Asthma & Sinus Center | Effective September 24, 2026

What these texts cover

If you agree to receive text messages from Northern Valley Allergy, Asthma & Sinus Center, we may send you informational practice updates, including office hours, location availability, and service updates. Message frequency varies. Consent to receive texts is voluntary and is not a condition of receiving care.

Costs and stopping messages

Message and data rates may apply. Reply **STOP** to any text to stop receiving messages from this SMS program. We may send one confirmation text after your request. Reply **HELP** for assistance. You can also call **201-374-1718** or email **allergy@allergyasthmasinus.com**.

Privacy and message safety

We do not sell or share your SMS opt-in information or consent with third parties for their marketing. We may share information with service providers that help us deliver and support these texts. Standard SMS may not be secure; please do not reply with sensitive medical information. Do not use this service for urgent medical needs. In an emergency, call 911.

Privacy policy

Please also read our [Privacy Policy \(PDF\)](#).

Questions? 201-374-1718 | allergy@allergyasthmasinus.com