

Educational, Workplace Accommodation Letters

At Northern Valley Allergy, Asthma & Sinus Center, we understand that allergic and immunologic diseases can significantly affect a patient's ability to function at school, college, or work. When medically appropriate, our physicians may provide documentation supporting reasonable accommodations.

Accommodation letters are only provided when supported by objective medical evidence, ongoing treatment, and an established physician-patient relationship.

Eligibility Requirements

To be considered for an accommodation letter, patients must meet all of the following requirements:

- The patient must have been under the ongoing care of our practice for at least one year.
- The patient must be actively followed in our office with regular follow-up visits, generally every four months, or as otherwise directed by the treating physician. In most cases, patients requesting an accommodation letter should have been seen at least every four months during the preceding year.
- The patient must be compliant with prescribed treatment and follow-up recommendations.
- The patient must have objective evidence of persistent disease causing functional impairment despite appropriate medical therapy.

Patients who are not seen regularly or who present only intermittently for documentation requests will not be eligible for accommodation letters.

Medical Therapy Requirements

Accommodation letters are generally considered only after patients have undergone maximal appropriate medical treatment for their condition.

Asthma

- Appropriate inhaled controller therapy, typically including a high-dose inhaled corticosteroid combined with a long-acting bronchodilator (ICS/LABA), when medically indicated.
- Biologic therapy for severe asthma when medically appropriate.

Chronic Rhinosinusitis with Nasal Polyps

- Appropriate medical therapy, including intranasal corticosteroids and other guideline-directed treatment.
- Biologic therapy when medically appropriate.

Chronic Urticaria (Hives)

- Guideline-directed medical therapy, including escalation of antihistamines and biologic therapy when medically appropriate.

Atopic Dermatitis (Eczema)

- Appropriate topical and systemic therapy, including biologic therapy when medically appropriate.

Accommodation letters are considered only when a patient's symptoms remain significantly impairing despite maximal medical therapy.

Please note that accommodation letters are not automatically provided upon request. The decision to provide documentation rests solely with the treating physician and is based on medical necessity, objective findings, treatment history, and the ongoing physician-patient relationship.

Disability Letters

Northern Valley Allergy, Asthma & Sinus Center does not provide disability letters, disability forms, or documentation supporting disability determinations.

Patients requiring documentation for disability status should seek evaluation from the physician or specialist responsible for the ongoing management and assessment of their functional impairment.

Examples include, but are not limited to, applications for short-term disability, long-term disability, Social Security Disability benefits, or other disability-related determinations.

Thank you for your understanding.